



# Fokus

The Association for Mental Health Care



# Basic information



## History

- Fokus Czech Republic was founded in February 1990
- Aim:
  - To provide community services for long term mentally ill people
  - To improve the system of mental health care
  - To change the financing system of the psychiatric care in order to support the development of community services



# The network of Fokus - The Association for Mental Health Care

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## **FOKUS Vysočina**

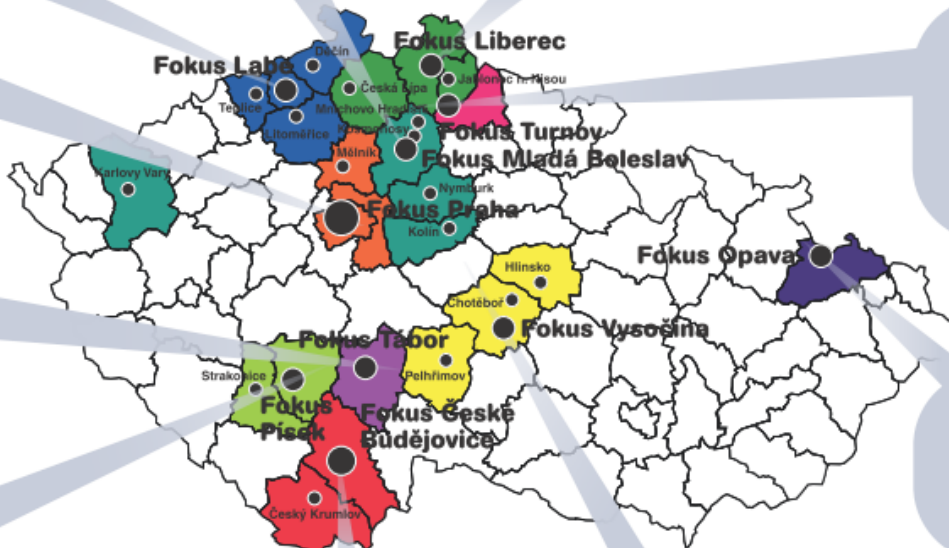
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# Basic information

**Mission** of Fokus is to support people with a history of mental illness in their efforts to manage their lives and to find opportunities for self-fulfilment in the community.

Aim of our services is support people with mental illness experience in following abilities:

- To live in a society, have social relations, family, living and job
- To assess their life direction, fulfill their talent and abilities
- To have life perspective and existential guarantees
- To have basic material needs satisfied
- To care for their health and treat their illness
- To use cultural and leisure-time institutions, educate themselves



# Basic information

## Target group

- Adults (aged from 18)
- Mentally ill people, according to the international diseases classification (MKN 10) are diagnosed in 65% of cases in group F20 – F29 (schizophrenia, neurotic disorders, mood disorders, such as depression);
- Number of clients per year is 844 – average in three last years



# System of services

- Social and vocational rehabilitation
- Medical services
- Self-help activities
- Employment





# System of services

## - Social and vocational rehabilitation

- Community Teams
- Supported Living Team
- Centre of Employment Support Programmes
- Sheltered Workshops
- Sociotherapeutic Centres
- Low-Threshold Programmes and Short-Term Counselling



# System of services

## - Medical services

- Day Care Centre - psychiatric and psychoterapeutic care
- Atelier of the Expression Therapy  
- self-expression techniques
- Crises Service





# System of services - Self-help activities

- Journal Libušinka
- Project „Mosty“  
(Bridges) – Programme  
for people currently  
hospitalised in a psychiatric  
hospital



# Employment



Social Firm Jůnův statek  
and Social Firm Laundry U Mandelíků



Social Firm Zahrada

# The Social Firm Zahrada

Zahrada ( The Garden) provides gardening services such as regular or one-off garden maintenance, general garden cleanup, lawn and hedge maintenance, planting of flowers and shrubs.

Established in May 2007 by transformation of the protected workshop of Fokus Praha.



## Employment:

- people with mental illness
- number of employees: 11 with mental illness, 2 with no handicaps/disadvantages
- disadvantaged employees work part-time
- positions: assistant gardener
- wage: corresponds to work load and type of work in Prague
- application of the principles of equal opportunity and solidarity

# The Social Firm

## Jůnův statek

Pension and restaurant was founded in 1999 in the Sedlec – Líbeznice near Prague. Jůnův statek gradually expanded to include spaces for seminars, internet cafe, grocery and laundry .



### Employment:

- people with mental illness and other disadvantages
- number of employees: 40 with mental illness, 10 with other disadvantages, 10 with no handicaps/disadvantages
- disadvantaged employees work part-time
- wage: corresponds to work load and type of work
- application of the principles of equal opportunity and solidarity

# The Social Firm

## Prádelna U Mandelíků

Laundry U Mandelíků is the newest social firm of Fokus was founded in 2011. It is located in Prague 6 Podbaba and boasts laundry services for businesses and the public.



### Employment:

- people with mental illness
- number of employees: 8 with mental illness, 1 with no handicaps/disadvantages
- disadvantaged employees work part-time
- wage: corresponds to work load and type of work in Prague



# Special activities

## - Education I

- Training and Educational centre
  - courses for professionals and general public
  - courses for organizations
  - courses for users of services



# Special activities

## - Education II

- Atelier Extraart Educational Programme

- Courses of expressive therapy for experts and public



- expert internship
- participation at conferences

# Special activities

## - Influencing psychiatric care, medical care and social care

Cooperation with other organizations :

- SKOK
- Community services association
- Social Welfare Institution and Crisis Centre Association
- Council of Humanitarian Organizations  
(Rada humanitárních organizací)





# Special activities

- Promotion of the open approach and tolerance towards people with mental illness



Mental Health Weeks

# Special activities

## - international cooperation

- school project
  - Crazy? So What!
- by Fokus Czech Republic membership in:
  - Mental Health Europe
  - Arge Ost-West
  - Social Firms Europe (CEFEC)
  - ENSIE
  - World Federation for Mental Health





# Contact

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Illustrations: Clients of Fokus Praha